

## MULTI-SERVICE CENTER

① Since its opening in March of 1999, the Multi-Service Center (MSC) has functioned as the main entry point into the Long Beach Continuum of Care system. The MSC is a unique facility which co-locates social service agencies in order to provide **integrated, centralized assessment and comprehensive services** for at risk and homeless individuals and families in one location. These services include **basic services, such as showers, mail, street outreach and prevention services, case management, crisis counseling, educational assurances, life skills training, employment assistance, financial literacy classes, expungement workshops, fair housing workshops, housing placement, health screenings, HIV/AIDs related services, substance abuse and mental health treatment referrals, veterans services, mainstream benefits and referrals to other community resources.** The MSC mission is to provide comprehensive supportive services to promote progress towards permanent housing, self-sufficiency, by creating a community where health, safety, and well-being are established.

1301 W. 12th St.  
Long Beach, CA 90813  
(562) 570-4500  
Bus #s 45, 191, 192

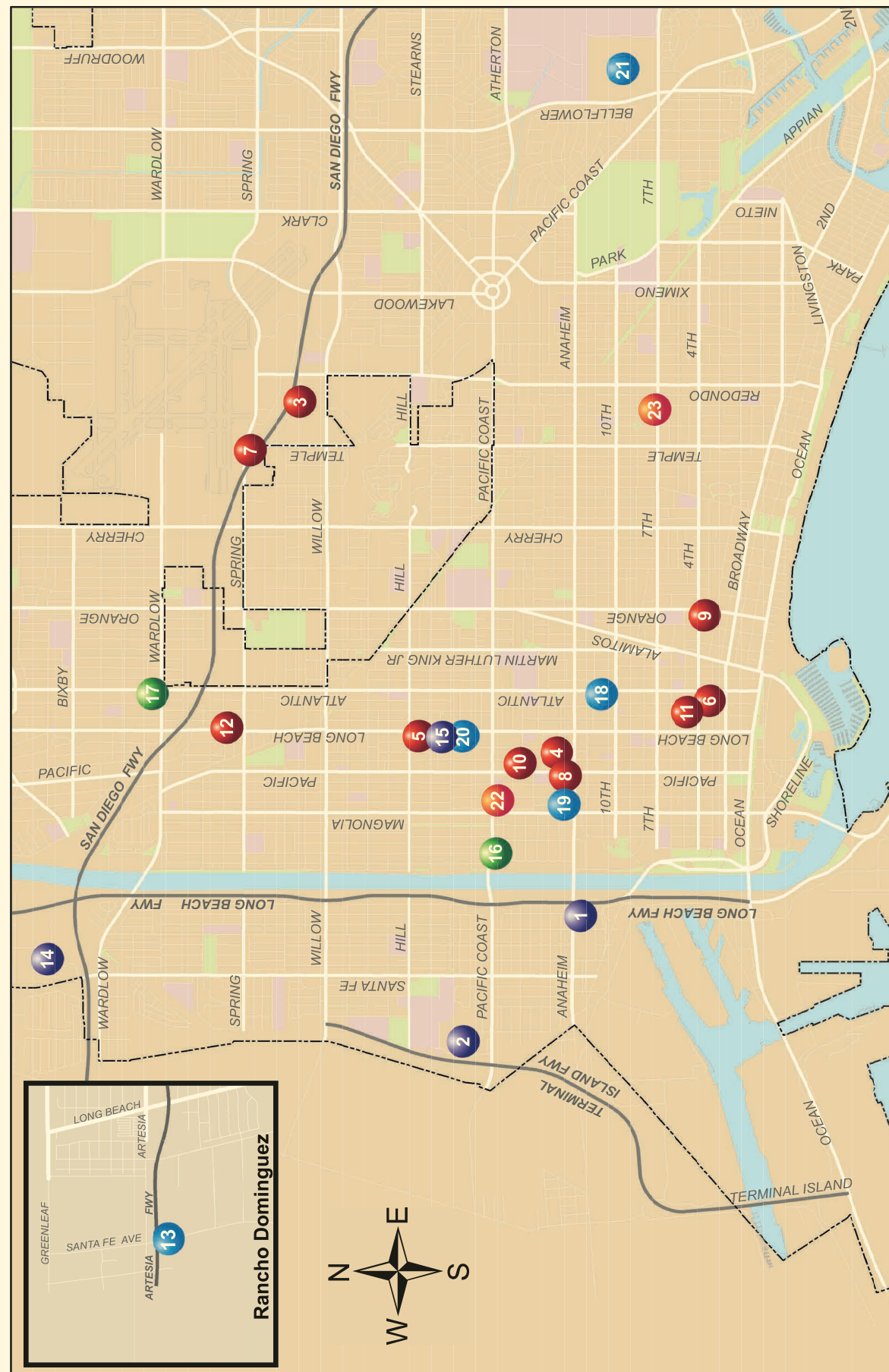
**Hours: MON, TUE, WED & FRI 8:30 AM–4:00 PM**  
**THURS 8:30 AM–2:00 PM**

## VILLAGES AT CABRILLO

② The Villages at Cabrillo is a residential community established to break the cycle of homelessness. A former naval housing campus serving the local Long Beach ship yards, the Villages at Cabrillo has been transformed from a military housing site into a vibrant supportive housing community. As steward of the campus since its inception in 1997, Century Villages at Cabrillo, a 501(c)3 affiliate of Century Housing, is the community development organization that owns, develops, and manages this unique 27 acre campus. Today, the Villages at Cabrillo is home to more than 1,200 residents, including veterans, families and children, and features a collaboration with close to 20 non-profit and government agencies that collectively provide residents with **safe, affordable housing and access to the skills, tools, and services needed to establish self-sufficiency. On-site supportive services include childcare, medical center, veteran services, substance abuse rehabilitative services, adult skill building classes, emergency shelter, transitional and permanent housing.**

2001 River Ave.  
Long Beach, CA 90810  
Phone: (562) 200-7300  
Near PCH & Technology Place: Bus # 171, 191, 192

**Hours: MON–FRI 8:00 AM–5:00 PM**



Rev. 9/2015

Department of Health and  
Human Services  
Homeless Services Division  
Direct Services  
(562) 570-4500  
Street Outreach Hotline  
562-570-4550



This pocket guide is a list of agencies that offer services to individuals and families in the Long Beach area. This is not intended to be a complete list of resources in Long Beach. The agencies listed should not be interpreted as a recommendation or an endorsement by the City of Long Beach. This Directory was prepared with the assistance of the Long Beach Continuum of Care and the City of Long Beach—Department of Health and Human Services. This information is available in an alternative format by request at (562) 570-4176.

## Pocket Guide Resource Directory

### Help & Emergency Hotlines

|  |                |
|--|----------------|
| Alcoholics Anonymous                           | (562) 989-7697 |
| Adult Protective Services                      | (888) 202-4248 |
| Child Abuse Hotline                            | (800) 540-4000 |
| Department of Child & Family Services          | (562) 497-3500 |
| Domestic Violence—National                     | (800) 799-7233 |
| Domestic Violence—Interval House               | (562) 594-4555 |
| Fair Housing Foundation                        | (562) 989-1206 |
| Older Adult/Senior Abuse                       | (800) 992-1660 |
| Emergency Cold Weather Service                 | (800) 548-6047 |
| Legal Aid Foundation                           | (562) 435-3501 |
| LA County Mental Health Access                 | (800) 854-7771 |
| Pacific Gateway Workforce Investment Network   | (562) 570-3700 |
| 211 Los Angeles County                         | (800) 339-6993 |
| 211 Orange County                              | (888) 600-4357 |
| National Sexual Assault Hotline                | (800) 656-4673 |
| Trevor Project:<br>Suicide Prevention for LGBT | (866) 488-7386 |
| Suicide Hotline                                | (800) 784-2433 |
| Long Term Care Ombudsman                       | (800) 334-9473 |

## EMERGENCY & SOCIAL SERVICES

- ③ American Red Cross**  
3150 E. 29th St.  
Long Beach, CA 90806  
Phone: (562) 595-6341 (800) 448-3543  
redcross.org/ca/long-beach  
Bus # 111, 131

**Hours: MON–FRI 8:30 AM–4:30 PM**  
Provides emergency needs that may include: food, clothing, shelter for victims of disaster, referral services.

- ④ Catholic Charities**  
123 E. 14th St.  
Long Beach, CA 90813  
Phone: (562) 591-1351  
catholiccharitiesla.org  
Bus # 45, 191, 192

**Hours: MON–FRI 9:00 AM–12:00 PM**  
**1:30 PM–3:30 PM**

Food stamps eligibility worker on-site: THURS 1:30–3:30 PM. Utility assistance, food, clothing and transportation. Food Bank: Every last Thursday of the month: 9:30 AM–12:00 PM and 1:30 PM–3:00 PM.

- ⑤ Centro Shalom**  
2131 Long Beach Blvd.  
Long Beach, CA 90806  
Phone: (562) 591-2214  
centroshalom.org  
Bus # 51, 172

**Hours: MON–FRI 10:00 AM–4:00 PM**  
Emergency food, clothing, legal assistance including counseling for landlord/tenant eviction defense, family law and immigration services.

- ⑥ Christian Outreach In Action**  
515 E. 3rd St.  
Long Beach, CA 90803  
Phone: (562) 432-1440  
coalongbeach.org  
3rd & Linden: Bus # 191, 192

**Office Hours: MON–FRI 9:00 AM–4:00 PM**  
**Clothing: FRI 9:00 AM–2:00 PM**  
**Food Bank: TUES & THURS 9:00 AM–12:00 PM**  
**Breakfast: MON–FRI 7:00 AM–8:00 AM**  
**Dinner: MON–FRI 4:30 PM–5:30 PM**

- ⑦ Disabled Resources Center**  
2750 E. Spring St., Suite 100  
Long Beach, CA 90806  
Phone: (562) 427-1000  
Deaf Services: TTY (562) 427-1366  
drcinc.org  
Spring St. & Temple: Bus # 131

**Hours: MON–FRI 8:00 AM–12:00 PM**  
**1:00 PM–5:00 PM**

Serving people with physical, mental and developmental disabilities. Screening & referrals for emergency services, food, limited transportation, benefits counseling/advocacy.

## EMERGENCY & SOCIAL SERVICES

- ⑧ Long Beach Rescue Mission Lydia House/Samaritan House**  
1335 Pacific Ave.  
Long Beach, CA 90813  
Phone: (562) 591-1292  
lbrm.org  
Pacific Ave. & Anaheim St.: Bus # 45, 191, 192

**Hours: 24 hours**  
Short- and long-term shelter, meals, clothing, substance abuse rehabilitation

- ⑨ Long Beach Senior Center**  
1150 E. 4th St.  
Long Beach, CA 90802  
Phone: (562) 570-3500  
longbeach.gov/park/park-and-facilities/  
directory/long-beach-senior-center  
Bus # 72, 151

**Hours: MON–FRI 8:00 AM–4:30 PM**  
**SAT 10:00 AM–4:00 PM**

For ages 50 and older. Information & referral to emergency food, clothing, apartment list available, job & transportation assistance.

- ⑩ Lutheran Social Services Community Care Long Beach**  
1611 Pine Ave.  
Long Beach, CA 90813  
Phone: (562) 599-1321  
lsscommunitycare.org  
Pine Ave & PCH: Bus # 51, 172, 181

**Intake Hours: MON–THURS 10:00 AM–2:00 PM**  
**Office Hours: MON–THURS 8:00 AM–4:00 PM**  
Emergency food, clothing, transportation, baby items, hygiene items, referral services, educational classes, health workshops, family services, and employment.

- ⑪ Mental Health America—The Village**  
456 Elm Ave., Lower Level  
Long Beach, CA 90802  
Phone: (562) 437-6717  
mhala.org  
mhavillage.squarespace.com  
5th St. & Elm: Bus # 1, 46, 51, 191, 192

**Hours: MON, TUE, THURS, FRI 7:30 AM–12:30 PM**  
**WED 10:00 AM–1:00 PM**

Providing case management services, showers, clothing, money management, benefits advocacy, linkage to psychiatric treatment and residential placement for people with mental health issues.

## EMERGENCY & SOCIAL SERVICES

- ⑫ The Salvation Army Family Service**  
3092 Long Beach Blvd.  
Long Beach, CA 90807  
Phone: (562) 426-7637 / TUE–THURS  
salvationarmylbc.org/contact-us  
Bus # 51, 181, 182

**Hours: 8:30 AM–11:30 AM**  
**Homeless Individuals: TUES 8:30 AM–11:30 AM**  
**Families: WED–THURS 8:30 AM–11:30 AM**  
Emergency food, clothing, transportation; homeless assistance.

## PUBLIC AGENCIES

- ⑬ Department of Public Social Services—LA County**  
17600 Santa Fe Ave., Suite A  
Rancho Dominguez, CA 90021  
Phone: (310) 761-2000  
dpssbenefits.lacounty.gov/ybn/index.html  
Bus # 191, 192

**Hours: MON–FRI 8:00 AM–5:00 PM**

- ⑭ Long Beach Unified School District**  
1515 Hughes Way  
Long Beach, CA 90810  
(562) 997-8000  
lbschools.net

**Hours: MON–FRI 8:00 AM–4:30 PM**

- ⑮ Social Security Administration**  
2005 Long Beach Blvd  
Long Beach, CA 90806  
(800) 772-1213  
ssa.gov  
Bus # 51, 172

**Hours: MON, TUE, THURS, FRI 9:00 AM–4:00 PM**  
**WED 9:00 AM–12:00 PM**

## EMPLOYMENT SERVICES

- ⑯ Goodwill, Serving the People of Southern LA County**  
800 W. Pacific Coast Highway  
Long Beach, CA 90806  
Phone: (562) 435-3411  
Deaf Services: TTY (562) 590-8588  
thinkgood.org  
Bus # 1, 172, 173, 181

**Hours: MON–FRI 8:00 AM–4:30 PM**  
Vocational education, and work training programs.

- ⑰ Long Beach Career Transition Center**  
3447 Atlantic Ave.  
Long Beach, CA 90807  
Phone: (562) 570-3700  
pacific-gateway.org  
Bus # 51, 101

**Hours: MON–FRI 8:00 AM–5:00 PM**  
Training & employment services for laid-off or long-term unemployed persons.

## MEDICAL AND MENTAL HEALTH SERVICES

- ⑱ C.A.R.E.—St. Mary Medical Center**  
1045 Atlantic Ave., #1016  
Long Beach, CA 90813  
Phone: (562) 624-4900  
careprogram.org  
Bus # 61

**Hours: MON–FRI 8:30 AM–4:30 PM**  
Full service HIV/AIDS medical & dental clinic, mental health, treatment advocacy.

- ⑲ Long Beach Comprehensive Health Center—LA County**  
1333 Chestnut Ave.  
Long Beach, CA 90813  
Phone: (562) 599-8787  
dhs.lacounty.gov/wps/portal/dhs/LongBeach  
Bus # 45, 191, 192

**Hours: MON–FRI 7:30 AM–7:30 PM**  
**SAT 7:30 AM–4:30 PM**  
**Walk-in Clinic: 7:30 AM–3:30 PM**

- ⑳ Long Beach Mental Health—LA County**  
1975 Long Beach Blvd.  
Long Beach, CA 90806  
Phone: (562) 599-9280  
dmh.lacounty.gov  
Bus # 1, 51, 61, 172, 173

**Hours: MON–FRI 8:00 AM–5:00 PM**

- ㉑ VA Healthcare System**  
5901 E. 7th St.  
Long Beach, CA 90822  
Phone: (562) 826-8000  
www.longbeach.va.gov  
Bus # 91, 93, 94, 121, 171

**Hours: 24 hours**  
Medical and psychiatric care including substance abuse treatment for eligible veterans. Homeless outreach and linkage to VASH (Section 8 for veterans).

## SUBSTANCE ABUSE SERVICES

- ㉒ Redgate Memorial Recovery Center**  
1775 Chestnut Ave.  
Long Beach CA 90813  
Phone: (562) 599-8444  
www.BHS-INC.org  
Bus # 1, 172, 173, 182

**Hours: MON–FRI 8:00 AM–5:00 PM**  
7–14 day medical detox, 90 day–6 months rehab drug and alcohol recovery services.

- ㉓ Safe Refuge (Formerly Substance Abuse Foundation)**  
3125 E. 7th St.  
Long Beach, CA 90804  
Phone: (562) 987-5722  
asaferefuge.org  
Bus # 91-94

**Hours: MON–FRI 7:00 AM–5:00 PM**  
Outpatient, residential drug/alcohol treatment; residential/transitional housing for HIV+ individuals.



# LIFT KIT

The Lord bless you and keep you; the Lord make His face shine upon you and be gracious to you; the Lord turn His face toward you and give you a peace.  
Numbers 6:24-26

## LIFT KIT

**We praise God He caused our paths to cross today.**

This Lift Kit is a small token of our love for you. Our hope is that these items will provide a little peace and comfort to you today. We, at Arbor Road Church, care about you and want you to know the lasting peace of Jesus Christ.

If you have questions about Jesus or need prayer for any reason, please visit us Sundays at 9:30 or 11 am for

- Worship through music
- Bible teaching
- Classes for all ages!

**Hope to see you again soon!**

**ARC ARBOR ROAD CHURCH**

5336 ARBOR RD. LONG BEACH, CA 90808 | ARBORROAD.COM | 562.420.1471

